



17-May-13

LOCATION TBD

7:50-8:00	Welcoming Remarks - Art Horne			
8:00-8:40	MARVIN CHUN - Vision Training and Athletic Performance : More Than Meets The Eyes			
8:45-10:30	ADRIAAN LOUW -A Neuroscience Approach to Low Back Pain in Athletes Location: Main Hall			
10:30-10:45	BREAK			
10:45-12:30	MARCO CARDINALE- Strength and Conditioning in the Real World: From Science to Application Location: Main Hall			
12:30-1:30	LUNCH PROVIDED BY BSMPG and SPONSORED BY:			
1:30-2:30	BILL KNOWLES & MARK LINDSAY A CENTRAL Approach to Hip Reconditioning	RANDALL HUNTINGTON Developing Power in Athletes	MARCO CARDINALE Monitoring Training Progress : Developing New Concepts	TARA MARDIGAN Athlete Regeneration - Nutrition & Sport Science Strategies
2:30-2:45	BREAK			
2:45-3:45	BILL KNOWLES & MARK LINDSAY A CENTRAL Approach to Hip Reconditioning	BEN PETERSON Repeat Sprint Work - Developing Speed	KEVIN NEELD Structural and Functional Adaptations Affecting the Hockey Athlete	TARA MARDIGAN Athlete Regeneration - Nutrition & Sport Science Strategies
3:45-4:00	BREAK			
4:00-5:00	VAL NASDEKIN Sport Specific Endurance Development in Explosive and Power Sports	ROBERT BUTLER Improving Athlete Durability Following ACL Reconstruction: Building From The Ground Up		RANDALL HUNTINGTON Developing Power - Workshop
5:30-7:30	Reception at LIR Restaurant & Bar sponsored by:			
** ALL KEYNOTE PRESENTATIONS WILL TAKE PLACE IN THE MAIN LECTURE HALL - AMPLITHEATER				

	18-May-13			
LOCATION	TBD	TBD	TBD	
8:30-10:15	FERGUS CONNOLLY- The Art of Applied Sports Science for Competitive Advantages : 7 Principles			
10:15-10:35	BREAK			
10:35-12:35	STUART MCGILL - Why Everyone Needs Core Training: Implications For Performance & Injury Prevention			
12:35-1:30	LUNCH ON OWN			
1:30 - 2:45	PHIL HAYWARD The Sporting Hip & Groin	BOBBY ALEJO Wolfpack Basketball Training with Moneyball Flavoring	POWERBREATHE Presentation & Workshop	STUART MCGILL Workshop - prior registration required 1:30-3:30 Q&A3:30-4:00pm
2:45-3:05	BREAK			
3:05 - 4: 20	JOEL JAMIESON Advanced Recovery Strategies to Maximize Performance	CHARLIE WEINGROFF Neurodevelopmental Sequence and Rehab/Training	FERGUS CONNOLLY Technology Management and Integration - A Model for Elite Team Sports	
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** SPEAKER TIMES AND LOCATIONS ARE SUBJECT TO CHANGE.				